

Tuesday 1st of Lent

Gospel text (Mt 6,7-15): «This, then, is how you should pray: ‘Our Father in heaven, holy be your name, your kingdom come and your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our debts just as we have forgiven those who are in debt to us. Do not bring us to the test but deliver us from the evil one’».



Illustration: Pili Piñero

Today Jesus teaches us to pray as He prays: lifting our hearts to our God and Father. How good Jesus is! with the “Our father” he introduces us into His own prayer. We Christians know that we are children of God and as a consequence we address our petitions to the Father in full confidence.

-«Our Father»: He is the Father of Jesus, also your Father and Father of us all.