

# Tuesday of the Third Week of Easter

**Gospel text ( Jn 6,30-35): «I am the bread of life; whoever comes to me will never hunger».**



**Illustration:** + Mr. Josep Lluís Martínez i Picañol (Picanyol)

Today the people ask Jesus for a miracle to believe in Him. In the Moses' time, the Jewish people used to live off the "manna" which was the food of the desert (a sort of fine bread that appeared on the floor every morning). But the Lord answers that the one who gives the true "Bread of Heaven" is the Father.

—Who is the bread coming down from heaven? Jesus Himself, sent by the Father. For this reason, if you are with Jesus, you won't suffer hunger: you will have peace and joy.