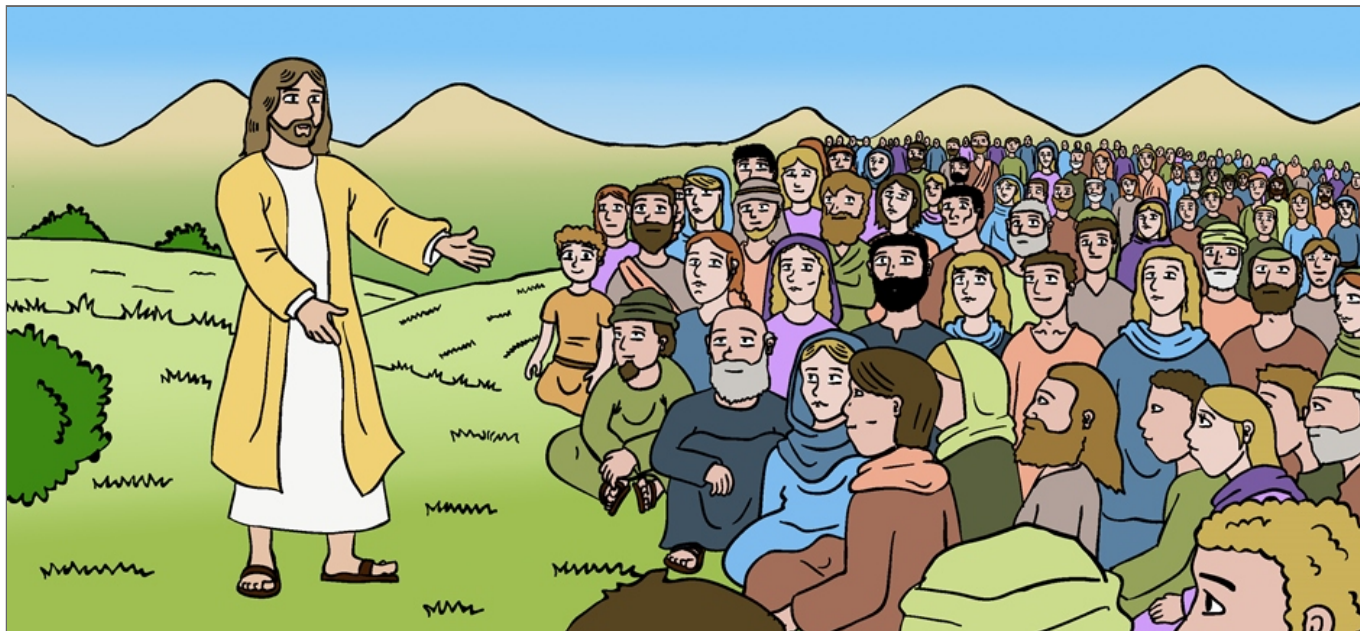


# Monday 1st of Lent

**Gospel text (Mt 25,31-46): «When the Son of Man comes in his glory with all his angels, He will sit on the throne of his Glory. All the nations will be brought before him».**



**Illustration:** Francesc Badia

Today we listen to the story of the “final Judgement”. A good topic for Lent! Judgement? The end? Yes!, at the end of our lives each one of us will see how he has put his life to good –or bad- use. No scape! We are no robots or little creatures without a conscience: we are free beings; free to love.

-How do we go on to love? Jesus summarises His answer in the Works of Mercy: «I was hungry and you gave me to eat; I was thirsty...». God feels (or suffers) our love (or lack of it) for our brothers and sisters.