

Tuesday of the First Week of Lent

Gospel text (Mt 6:7-15): "This is how you are to pray: Our Father who art in heaven, hallowed be thy name, thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil."



Illustration: Pili Piñero

Today Jesus teaches us to pray as He prays: lifting our hearts to our God and Father. How good Jesus is! with the "Our father" he introduces us into His own prayer. We Christians know that we are children of God and as a consequence we address our petitions to the Father in full confidence.

-«Our Father»: He is the Father of Jesus, also your Father and Father of us all.