

Sacred Heart of Jesus (A)

Gospel text (Mt 11,25-30): «Come to me, all you who work hard and who carry heavy burdens and I will refresh you. Take my yoke upon you and learn from me for I am gentle and humble of heart; and you will find rest. For my yoke is good and my burden is light».



Illustration: Pili Piñero

Today we hear Jesus-God speaking of his own "heart." A gentle and humble heart! St. John described the scene of Christ crucified, with his side pierced by a spear. Contemplating that image helps us to understand that "God's love" is unimaginable.

-Jesus, I immerse myself in your pierced heart and in your love I find rest: you suffer without making suffer; you suffer, but you do not tell us, nor do you keep it in mind ... Forgive us, Lord!