Sunday 8th (A) in Ordinary Time

Gospel text (*Mt* 6,24-34): Jesus said to his disciples, «(…) I tell you not to be worried about food and drink for yourself, or about clothes for your body. Is not life more important than food and is not the body more important than clothes? Look at the birds of the air; they do not sow, they do not harvest and do not store food in barns, and yet your heavenly Father feeds them (…)».

Children of God: Trust in Divine Providence

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Today, Jesus comforts us in the worries of life that, more often than not, overwhelm us and cause us to lose our peace. He does it by showing us that God takes care of us, that we shall lack nothing we need, and that this is why what matters is to work for the Kingdom of God and His justice.

We have been created by Him and He promised us never to forsake us. We can, therefore, be sure our life is in good hands. If our Lord has foresight and takes care of our world and its creatures, all the more reason for Him to take care of His children! In our life we must worry about —but not be tormented by— our problems, because we know God is with us, takes us with Him and comes with us.

—O Lord, God of goodness, give us your love and the things we need to live with dignity; make me trust your Providence, and teach me how to share with the rest the goods you so generously have provided us with.