

## Tuesday after Epiphany

**Gospel text (Mk 6:34-44):** When Jesus saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. By now it was already late and his disciples approached him and said, “This is a deserted place and it is already very late. Dismiss them so that they can go to the surrounding farms and villages and buy themselves something to eat.”...

### *The Mystery of the Eucharist prolongs the Mystery of the Incarnation*

EDITORIAL TEAM [evangelii.net](http://evangelii.net) (based on texts by Benedict XVI)  
(Città del Vaticano, Vatican)

Today, still immersed in Christmas time, the liturgy offers us – in a "projected" approach - the story of the first multiplication of Loaves and Fish. Jesus is the "God-with-us" ("Emmanuel"); He is because He came to dwell among us and to stay with us, through the Eucharistic bread: the mystery of the Eucharist is a "prolongation" of the mystery of the Incarnation.

The manger is the place where animals find their food. But now, lying in the manger, is He who called himself the true “bread come down from heaven”, the true nourishment that we need in order to be fully ourselves. This is the food that gives us true life, eternal life...

– Thus, the Manger becomes a reference to the table of God, to which we are invited so as to receive the bread of God. From the poverty of Jesus' birth emerges the miracle in which man's redemption is mysteriously accomplished!